2016-17 ST. PAUL SCHOOL MENU

All meals include choice of low or fat free milk





F	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
WEEK 1	Popcorn Chicken Bowl with Creamy Mashed Potatoes and Cheese Corn Apple Slices	Silver Dollar Pancakes with Syrup and Sausage Hash Brown Fresh Red Grapes 100% Juice	Chicken Filet Sandwich Sugar Snap Peas Celery Sticks GiVC PCAS Dip Peaches	a Chance Sun Chips	Primo Cheese Pizza Fresh Broccoli and Carrots with Dip Choice of Fruit				
WEEK 2	Carolina BBQ Pork Sandwich Crispy Cube Potatoes Pickle Spears Pears Mini Rice Krispie Treat!	Chicken and Belgian Waffles with Syrup Fresh Apple Slices 100% Juice	Mucho Nachos with Beef, Cheese, Tortilla Chips and Salsa Refried Beans Pineapple and Mango	Baked Chicken Drumstick Potato Wedges Whole Grain Roll Fresh Broccoli and Dip Peaches	Pizza Crunchers Romaine Garden Salad with Dressing Choice of Fruit				
WEEK 3	Oriental Chicken with Rice Pilaf Broccoli Mandarin Oranges Fortune Cookie!	with Strawberries Hash Brown	Chicken Tenders Biscuit Sweet 'n' Spicy Baked Beans Fresh Cucumbers Peaches	All Beef Hot Dog Potato Smiles Pickle Spears Fresh Banana	Domino's Smart Slice Cheese Pizza! Fresh Veggie Cup with Dip Choice of Fruit				

Be a culinary explorer!

Thank a Farmer Fridays

feature special menu items on these dates:

September 9, 2016

October 14, 2016

November 18, 2016

December 16, 2016

January 20, 2017

February 10, 2017

March 17, 2017

April 21, 2017

May 12, 2017



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Yogurt, Cheese & Bagel Combo <u>available every day</u>. You still get ice cold milk <u>and</u> all

the daily sides! Other meatless menu options are marked with a